Better, Earlier Breast Cancer Detection with Genius 3D

It is estimated that more than 260,000 American women will be diagnosed with breast cancer in 2018. The good news is the five-year survival rate is nearly 100 percent when breast cancer is detected early.

To aid early detection efforts, Anderson Regional Breast Center now offers the Genius™ 3D Mammography™ exam. The Genius 3D exams are clinically proven to increase early breast cancer detection and are more accurate than conventional 2D mammograms, detecting 20-65 percent more invasive cancers.

Dr. Amy Coleman, Lead Interpreting Physician at Anderson Regional Breast Center, explained the benefits of 3D mammogram. “With 2D mammography, overlapping tissue is a leading reason why small breast cancers may be missed. A Genius 3D Mammography exam includes a three-dimensional method of imaging that reduces the tissue overlap effect and provides a clearer, more accurate image.”

Coleman continued, “Two-dimensional mammography can also cause normal tissue to appear abnormal. This leads to unnecessary callbacks for additional imaging, causing patients to worry. Studies show that the need for additional imaging with a 3D mammogram is reduced up to 40 percent compared to 2D alone.”

Women will notice little difference between a conventional 2D and a 3D mammogram. The exam takes about the same amount of time and the positioning is the same. The real difference is the information available to the doctor.

“The Genius system is recommended for women of all ages and breast densities and allows us to more accurately pinpoint abnormalities. This leads to better detection and greater peace of mind for our patients,” Dr. Coleman said.

To schedule a 3D Mammography exam, call Anderson Regional Breast Center at 601.553.6250.
Anderson Regional Medical Center is the first acute care hospital in Mississippi to take CPR training to the next level by implementing the American Heart Association’s Resuscitation Quality Improvement (RQI®) program.

“RQI is a new and truly innovative program that has transformed the way hospitals view CPR competency for their staff,” said Lisa Primiani, Development Manager for the American Heart Association’s Resuscitation Quality Improvement program, Greater Southeast Affiliate. “Currently, hospital staff members are required to attend a CPR class once every two years. Our science has proved that CPR skills decay in as little as three months.”

Enter: RQI. Hospital staff members practice their CPR skills at the point of care (on a hospital floor), using real-time audio-visual feedback in 10-minute sessions every 90 days to achieve and maintain high-quality skills.

Kim Riley, Anderson Project Coordinator and AHA-Training Center Coordinator, said, “The RQI program makes CPR a regular practice for our clinical personnel. When using RQI, they feel more confident with their skills, and RQI Analytics prove that CPR quality is improved.”

“Currently CPR and respiratory skill testing takes place in an instructor-led arena. Testing every two years not only allows for degradation of skills, but you must also factor in the subjectivity involved in instructor evaluations. Embracing the use of the RQI system will give effective, consistent feedback to all learners, fostering competency and improving patient outcomes,” said Melissa Mason, BSN, Critical Care Educator and AHA-Faculty/Instructor.

The RQI program has been developed through a unique collaboration between the Association and Laerdal Medical, wherein the Association provides expertise in evidence-based research and best-practice guidance, and Laerdal Medical provides proven simulation/learning technology.

Utilizing a variety of learning tools with an emphasis on skills mastery through low-dose, high-frequency sessions and performance feedback, the RQI program offers three components: cognitive, psychomotor skills and simulated patient cases.
Mississippi State Department of Health (MSDH) and Mississippi Hospital Association (MHA) are proud to recognize Anderson Regional Medical Center as a Biosafety Champion in our state. Anderson was one of 37 healthcare laboratories who received the Biosafety Champion recognition. This honor was developed collaboratively by MSDH and MHA as a way to recognize each facility that participated in the Mississippi Biosafety Preparedness Exercises in 2017 and 2018.

Biosafety, once thought to be limited to microbiology isn’t just for microbiology anymore. Public Health Laboratories nationwide have been commissioned to assist clinical diagnostic laboratories in biosafety preparedness. The exercise consisted of a real-world outbreak scenario to assess each facility’s ability and dedication to safely handle unknown, highly infectious agents in its laboratory. Each Biosafety Champion has helped strengthen our state’s biosafety and biosecurity practices to ensure that we are prepared to evaluate the risk of any unknown biothreat.

Celebrating Biosafety in Anderson Labs

Pictured, from left: Kara Maxwell, Angela Howington, Andrea Laird, Marilyn Bell and Tonya Davis.

Congratulations! on being chosen

Katelyn Moffett, FNP-C & Dr. Dru Denison
This year, along with many other Mississippi hospitals, Anderson has mandated the flu shot for all employees. There are many benefits to this program. This increases the herd immunity for the Anderson team and decreases the chances for employees to contract the flu while at work and spread it to patients, visitors, loved ones and friends.

The new Anderson policy for mandated flu vaccination applies to all employees in all departments, regardless of job duty or job description. An employee may request a waiver for medical or religious reasons only. The waiver will be reviewed by the Infection Prevention Committee and either approved or denied. If the waiver is approved, the employee will be required to wear a procedure mask upon entry into the facilities between December 1, 2018, to March 31, 2019, during peak flu season months. By following this procedure, our co-workers, patients and visitors will all have the same protection.

Employees are required to meet vaccination requirements before December 1. Waivers must be submitted to Employee Health for review before November 5, 2018.
A message from our Chaplain and Chairman of the Board, Dr. Joe Anderson:

I apologize for not giving you a devotion in the past few weeks. As some of you know, my wife was very ill and in the hospital. Thank God she is doing better.

I also want to take the opportunity to thank the ER nursing staff and the physicians that saw her through the initial crisis. I would also like to thank all who worked with her on telemetry. I could not have asked for any better care anywhere in the world.

Thank you for not only caring for your patient but also caring for her family. I am deeply grateful to everyone, from housekeeping to the physicians, for your excellent care and concern. Thank you all.

New Diagnostic Machine Speeds Up Process

The alarming rise in the incidence of Clostridium difficile infection (CDI) highlights the need for rapid and accurate diagnostic solutions. Anderson Regional Medical Center has been using rapid testing for blood cultures for several months. Now, we are lucky enough to proceed with CDI testing on the same machine, the Cepheid Xpert.

Management of CDI requires rapid and accurate diagnosis. Cepheid’s Xpert C. difficile delivers both while enabling clinicians to optimize patient management and reduce length of stay. The results can be delivered in 45 minutes, with speed and accuracy. The reporting enables physicians to administer the appropriate antibiotic therapy and improve patient management.

Anderson celebrated this testing advancement with an “educational snack and go.” Snacks provided were examples of what not to send for testing to inform nursing staff of lab samples that would be rejected for testing from the lab.
Celebrating Achievement & Retirement

Congratulations to Nina Carmen, who recently completed course work to become a Certified Registered Nurse – Infusion. To receive the certification, Nina learned information on areas of infusion including, but not limited to: immunotherapy, chemotherapy, hydration therapy, blood transfusions and parenteral nutrition therapy. Nina is a RN at Anderson Infusion Center.

Congratulations to Brandye Vance, Trauma Program Manager, who just received her MSN from William Carey University.

Congratulations to Kristin Karrh in the medical staff department who recently earned her Certified Professional Medical Services Management (CPMSM) credential.

Congratulations to Terri Patterson, RN, BSN, CDE, our Diabetes Program Coordinator, who recently received her recertification as a Certified Diabetes Educator.

Congratulations to Dale Higginbotham, FNP-BC, on your retirement! Dale spent 10 years at Anderson, most recently working with pediatric patients at Anderson Children’s Medical Clinic.
Our annual Prostate Screening was a success — with a full house. We screened 90 men and are grateful for the help of Doctors Robert Dilworth, Mark Phillips and James Wallace of Anderson Urology Clinic of Meridian.

Anderson Volunteer Accepted into Prestigious Program

Anderson volunteer Emilio M. Lunda-Suarez has been accepted into the Mississippi Rural Physicians Scholarship Program and will receive $30,000 per year to attend medical school as part of the prestigious program.

MRPSP scholarships are awarded after the students complete the pre-matriculation portion of the program, created in 2007 by the Mississippi Legislature. Awards are based on available funding.

Emilio is a May 2018 summa cum laude kinesiology/clinical exercise physiology graduate of MSU-Meridian.

Congratulations to everyone involved in the achievement of our three-year reaccreditation!
The Hospital Medicine Program at Anderson reached a 10-year milestone recently. Celebrating a decade of service are, from left: Dr. John Dickson, Dr. Hatem Mourad and Dr. Bruce Brown.

Matt Espy of Anderson Health & Fitness Center lead an informative Lunch & Learn session at Anderson Regional Cancer Center. His topic was “Fatigue & Exercise.”

Many thanks to the staff at Horizons Geri-Psych Center for contributing to Alzheimer’s Mississippi’s “Apps 4 Alz” event. The staff made and donated a wreath to be auctioned at the event. From left: Lindsey Brooke Simpson, Lisa Thompson, Kimberly Parker, David Parker, Suzanne Marshall and Joanna Tucker Stewart.
ATTEND SUMMIT — Members of the Anderson team recently attended the Global Leadership Summit held at North Park Church. From left: Steven Brown, Steve Taylor, Terri McKelvaine, Kevin Adams, Don Avera and Francois du Plessis.

Pre-med volunteer Bryan Rivers, who works as a transporter at Anderson, went above and beyond to show leadership in a special project. Bryan asked his church — Oak Hill Baptist Church — to collect blankets and snacks for patients at Anderson Regional Cancer Center. Bryan is currently a student at Meridian Community College and will be attending Mississippi College in Canton in the fall of 2019.

ReCheal Myers, Admissions Clerk, has been recognized for an exceptional act of kindness when she helped a patient with personal expenses. ReCheal’s generosity and benevolence exemplify our values of “Respect, Trust, Dignity and Responsiveness.” Thank you for all YOU do to help us make a difference each day in our team members’ lives and in the lives of the people we serve!
Mission

To continue our heritage of healing and improving life for the people we serve.

Ronnie Fairchild is a Radiology Technician who works in the X-ray area of our radiology department. His coworkers said, “One of Ronnie’s best qualities is his kindness. He is always considerate of others and always willing to help. He is compassionate and it shows in the way he treats patients, their families and anyone he meets.” In his spare time, Ronnie enjoys fishing with the Collinsville Bass Club, attending Southern Miss sporting events and staying active in his church. He is a member of two classic car clubs and participates in parades, shows and charity events. Ronnie and his wife Terri, who is a nurse in our PACU, have three sons, Jay, Jon and Jessie, and three grandchildren.

Vision

To be the healthcare provider of choice.

Elizabeth Graves is a Registered Nurse who works in the operating room at Anderson - South. Her coworkers said, “Elizabeth is the cheerleader in our department. She always has a smile, greeting and kind word for everyone she encounters. Her most notable statement is, ‘It’s a good day to have a good day.’ Elizabeth treats all of her patients with respect and makes every patient a priority by explaining the procedure, answering questions and being calm and reassuring. Elizabeth is very knowledgeable in her position as a nurse and she has been a good resource for electronic charting. Elizabeth is willing to do whatever is asked of her including flexing to other units without hesitation.” In her spare time, Elizabeth enjoys being outdoors with her family and rock climbing, kayaking and hiking. She and her husband, Ryan, have a nine-month-old daughter named Scarlette. Elizabeth currently serves on the board for the Officer Spouse Group of VT-9 at NAS Meridian.

Values

We recognize: Respect, Trust, Dignity and Responsiveness.

Jackie Hurn has served many roles at Anderson over the years, including Patient Representative in the Emergency Room, Switchboard Operator and Central Supply Tech, where she has been for the past four years. Her coworkers said, “Jackie always has a positive attitude and a smile on her face. She is a breath of fresh air and very encouraging. Jackie takes her job seriously but always makes time to help others. She keeps our supplies fully stocked and will go all over the hospital to gather what we need if it’s not immediately available. Jackie goes above and beyond to make sure employees and patients get everything in a timely manner.” In her spare time, Jackie enjoys spending time with her family and watching old movies and TV shows. She has two daughters and three grandchildren and has been one of Jehovah’s Witnesses for 38 years.
United Way of East Mississippi held a very successful “Stuff the Bus” campaign this year, gathering clothes and supplies for students in need. Part of that success was due to the contributions of many at Anderson. Pictured with many of those donations are, from left: Sonja Twilley, RN Nurse Manager, Tom C. Maynor Rehab Center; Vickie Skinner, RN, Director of Nursing; Linda Blakney Moore, RN, Swing Bed Unit; Nieda Jones, LPN, Swing Bed Unit; Geraldine Wilson, PCT, Swing Bed Unit.

September was National Literacy Month, a time to encourage the young people in your life to go to the library, pick up a good book and explore new worlds. Anderson's Toni Harris, CPNP-AC, contributed her time to read to students at Parkview Elementary during National Literacy Month events, sponsored by The Meridian Star.
Congratulations to Barbara Holmes, who has been named the 2018 Volunteer of the Year. Barbara has been an integral part of the Volunteer Auxiliary for the past five years and has given more 2,860 hours of service. In her third year as secretary on the Volunteer Auxiliary Board, her fellow volunteers describe her as thorough, honest, dependable and many commented that she goes above and beyond what is expected of a volunteer. She has even recruited her daughter and granddaughter to be volunteers.

Barbara has initiated efforts to meet several needs for the hospital and outpatient services. For example, she saw the need for new TVs in the Wound Healing and Hyperbaric Center. As a result, two TVs were purchased for the patients to watch while receiving treatment. She has used her own money to purchase clothing to stock our Clothes Closet, which is used when patients are in need of clothing. Barbara also purchased Christmas ornaments for Anderson Regional Cancer Center to use at the annual Christmas Tribute fundraiser for the Cancer Center Benevolence Fund. Barbara has recently become the decorator for Volunteer events and celebrations. In addition, she is an outstanding advocate for patients and volunteers. Congratulations Barbara!

Our Volunteer Auxiliary took time recently to celebrate a year of kindness and hard work. Everyone enjoyed their annual outing at the Checker Board. A great time was had by all!
A new class of LEAN graduates has completed training in continual improvement in organizations. From left, back row: John Moore, Lynette Cockrell, Ben Box, Kim Riley, Trinity Farr and Leneatha McClelland. Front row: Melissa Ellis, Melia Goodman, Brenda Landrum, Sharon Futch, Ashley Loper and Laura Bishop.

Olivia Wright from the Cath Lab won the $1,000 drawing from Mississippi Blood Services for being a blood donor.

A sweet little girl at Anderson Children’s Medical Clinic needed someone to play with, and Jennifer Tucker, Office Manager, was more than happy to oblige!
Massage Therapy Offered at Fitness Center

Anderson Health & Fitness Center is pleased to welcome LaPorshia Mitchell as an in-house Massage Therapist. LaPorshia takes great pride in helping others; whether it is for relaxation, balance, time away or for medical purposes. She is a graduate of Healing Touch Career College and is a licensed Massage Therapist with experience and training in deep tissue massage, prenatal massage, relaxation massage, hot stone massage and sport massage.

As well as being a licensed Massage Therapist, LaPorshia has a Bachelor Degree from Delta State University in Exercise Science and has a job at Anderson as a Fitness Instructor, where she is able to provide a fun way to help others meet their fitness goals in a dynamic and enjoyable environment.

LaPorshia enjoys spending time with her family and playing a variety of sports around the Meridian area.

LIKE us on Facebook!
We’re posting great tidbits about you, happenings at Anderson and more on Facebook — please take a moment to go online and LIKE us and follow!
I want to take a moment to share a recent experience in our emergency department. Yesterday my mother had to visit our ER due to a complication from outpatient surgery. When she arrived to triage she was greeted via Kim Buck, RN, who was very courteous, compassionate and professional. Brianna Spears, RN, was her primary nurse. Brianna was also very courteous, compassionate and professional. Even though the ED was completely full with other high-acuity patients, these nurses still provided high-quality patient care to my mother. Brianna went above and beyond to ensure my mother was cared for. I am truly grateful and appreciative of the care that she received. I am very fortunate to be part of such a great team.
Sincerely,
Brandy Vance
2018 Service Excellence Awards

Congratulations to the following departments that showed the greatest increase in their “rate this hospital” scores this quarter.

Emergency Department

3-East
2018 Service Excellence Awards

Congratulations to the following departments that showed the greatest increase in their “rate this hospital” scores this quarter.

Tom C. Maynor Rehab Center

Children’s Medical Clinic