

ACHAT

2023 ▪ January ▪ February ▪ March

Senior Behavioral Health Care

CELEBRATING

10

YEARS



ANDERSON
Horizons Geri-Psych Center

Horizons Geri-Psych Center Celebrates 10th Anniversary



Sadé Rogers, MSN, RN, PMHNP

Courtesy WTOK-TV

Anderson Regional Health System has been assisting elderly patients that have been facing symptoms of depression, loneliness, and even suicidal thoughts for ten years with their Senior Behavioral Care.

“This program has provided a safe haven for seniors in Meridian and the surrounding cities. We’ve been here basically through their own personal storms helping them through the horizon,” said Sadé Rogers, MSN, RN, PMHNP, Program Director, and Nurse Manager.

Rogers has committed many years to this program for seniors to help them overcome their mental and emotional obstacles. She said she has a personal passion when it comes to taking care of senior citizens.

“I feel so blessed to be part of this program. Geri-Psych is my favorite population to care for. I always wanted to be a nurse — I wanted to help. I have seen the struggles of what the aging process can do for my own family,” said Rogers.

Rogers shares some signs that your loved one may be experiencing some behavioral health problems. “You may notice that your loved one is up all night, maybe a little bit more forgetful and forgetfulness is causing some irritability. Maybe your senior is anxious, having crying spells, or frequently nervous,” said Rogers.

“I’m proud to be a part of Horizons Geri-Psych Center to help those families and those individuals who may not understand what’s going on and they just need a little help right now,” said Rogers.

EMERGENCY PREPAREDNESS

Clarkdale Students Take on Roles for Drill



Registered Nurse Hannah Cain and, from left, Security Officers Jerry Toole, Dewayne Sosebee, Roger Strange and PCT Lawanda Anderson lift their “patient” — Clarkdale student Micaleb Matthews, a junior second-year HOSA student — onto a stretcher during the emergency preparedness drill at Anderson.

By Glenda Sanders
Courtesy of The Meridian Star

Students from Clarkdale High School’s health science program took on roles of accident victims during a recent emergency preparedness drill at Anderson Regional Medical Center. The drill was part of an annual training initiative to make sure Anderson’s Emergency Department is prepared in case a mass casualty event happens in the community. The Mississippi Department of Health conducted the drill in conjunction with the hospital and the Lauderdale County School District.

“In a mass-casualty situation, the Emergency Department can receive a large number of patients at the same time. This requires staff members from across the hospital to respond to the code and assist the ED staff in quickly identifying the needs of each patient,” said Dr. Keith Everett, Chief Medical Officer of Anderson Regional Health System.

The participating Clarkdale students were all members

of the school’s health sciences program or HOSA Club. They were each given a scenario to play of a patient in a mass casualty situation that converges on the Emergency Department at once. All of the students were triaged by Anderson Emergency Department physicians and staff. Some were transferred to the Radiology department as a second part of the drill.

“Using drills to practice these skills ensures that we are able to work together as one to efficiently provide life-saving care,” Dr. Everett said. Seeing how the Emergency Department staff responds to mass casualties is also beneficial to the students, many of them who are considering careers in the healthcare field, hospital officials said.

Dr. Everett said Anderson staff responded to the drill just like they have been trained to do. “Our staff demonstrated a high level of knowledge, skill and preparedness should an event like this occur in real time.”



Anderson Regional Medical Center registered nurses Danielle Westbrook, left, and Baileigh Mitchell, assess their “patient,” senior Madison Kemble, President of Clarkdale’s HOSA chapter, during a drill in the hospital’s Emergency Department. Paramedic James Grantham, in background, rushes to get supplies.

Resident Nurses Make Smoother Transition



Pictured from left: Amy Covington, Marilyn Jackson, Amy Benefield, Natalie Breazeale (Nurse Resident), Karson Walters (Nurse Resident), Riley Goforth (Nurse Resident), Brooke Tanner (Nurse Resident), Tina Posey, Dana Cooley and Melinda Reed.

The Nurse Residency program greatly benefits the new nurse by helping them transition from school to work more smoothly. Tina Posey, 3-East Nurse Manager, wrote these words about her most recent program participants. “In December 2022, 3-East welcomed four nurses to the 3-East family! We are so blessed! Since then, they have been ‘under the wings’ of a nurse preceptor as they have acclimated to the unit, role as a new RN and other staff on the unit.

“They have been provided with a toolbox of resources and personnel to ready

them to take on any situation or challenge set forth as a new RN. They have faced challenging situations with us by their side while preparing them to practice independently. When they finish, they will no longer be under our wings — they will begin to fly on their own!

“Nursing is a very challenging but yet very rewarding profession – one in which they will learn something new every single day – and we hope they make the most of it! All are amazing nurses and I am so proud of each one of you!”



Manager of Nursing Excellence

Billie Kidd, RN, BSN, was recently named the new Manager of Nursing Excellence. Billie has been employed at Anderson for five years and has worked in women’s health, occupational health and geriatrics. Billie received her Associate Degree in Nursing from East Central Community College and a Bachelor of Science in Nursing from Capella University. She is married to John Kidd and the couple has two daughters.

Nurse Recruiter



We congratulate Melissa Suttles on being named Nurse Recruiter at Anderson. Melissa, who graduated in 1999 from Meridian Community College with AA in nursing, has worked at Anderson for 20 years in various areas including ER, Telemetry, Med Surg, PACU

and, most recently, Pain Management. Melissa is married and has two children.

Assistant Nurse Manager

We welcome Monica Drummond to the Clinical Resource Office as the Assistant Nurse Manager.

Monica has been in the nursing field since 2008. She started as a Licensed Practical Nurse in 2008 and became a

Registered Nurse in 2017. Monica has worked at Anderson Regional Health System since 2018.



Zero Tolerance Policy

Anderson Regional Health System has a “Zero Tolerance” policy toward all expressions of violence. This Zero Tolerance policy promotes a safe and nonviolent environment for employees, patients and visitors that ensures both physical and psychological safety. Anderson is committed to maintaining a work environment free from acts or threats of violence, including harassment, intimidation, coercion and other disruptive behavior.

To assist in this effort, Anderson has an interdisciplinary Workplace Violence Prevention Team that meets monthly, and as needed, to discuss any new, ongoing, or potential issues related to workplace violence.

Some of the key principles include:

- Victims of workplace violence and those who report workplace violence, will face no retaliation by Anderson, and
- All employees are encouraged to take an active role in creating a safe working environment, and
- Incidents are reported through our incident reporting system and in the Workplace Violence binder located on each unit.

In the interest of safety, if the person reporting feels they need anonymity, reporting of non-emergent workplace violence can be reported to the Safety Hotline at 6677 or 601.553.6677.



Pictured, from left, seated: Sabrina Johnson, Ronna Nichols, Donna Herrington, Terri Lightsey, Steven Spears and Wanda Cooper. Standing, from left: Cassandra Gibbs, Brooke McMahan, Erin Barnes, Katrina Kelly, John Anderson Jr. and Sharon Futch.



Sylvia Yates, CT HT

Maintaining CAP Compliance

The Lab recently underwent a survey by CAP (College of American Pathologists) to help maintain compliance for key regulatory measures. Many team members from across the hospital assisted in the survey, including: Jordan Goodman, RN (Critical Care Unit); Celina Reed, RT (Respiratory); Brad Cosgrove, CRNA (Anesthesia/Surgery); Sylvia Yates, CT HT (Lab); and Julia Guasco, RN (NICU).



Julia Guasco, RN

VOLUNTEERS



Wil Ortlepp Named Volunteer of Year

Anderson Regional Health System was proud to honor Wil Ortlepp as our 2022 Volunteer of the Year. Wil has been a volunteer for 12 years and volunteered 390 hours in 2022. Before serving as a volunteer, he worked in the Purchasing Department at Anderson for six years after retiring from the Air National Guard. Wil is a husband, father, grandfather and recently a great-grandfather, and enjoys his pet cats at home. He is a train enthusiast and a member of the Meridian Train Museum. Wil volunteers on Tuesdays and Thursdays — come rain or shine — and delivers newspapers throughout the hospital as well as a host of other duties as part of the volunteer program. Wil is loved for his humor and loves to help patients and visitors at the Information Desk.



Volunteer Jewelry Sale

The Anderson Volunteer Auxiliary sponsored the annual spring sale and raised approximately \$2,000 for charitable activities at Anderson.

SERVICE EXCELLENCE

Congratulations to the staff of Anderson Regional Cancer Center, Anderson Children's Medical Clinic, Swing Bed Unit and the Obstetrics department for receiving the overall highest patient satisfaction scores in 2022.



Patient Choice Awards ■ Telemetry

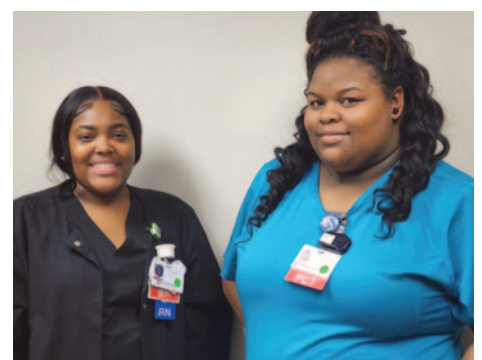
Congratulations to our most recent Patient Choice Award winners on our Telemetry Unit. These staff members have been recognized by patients and their families for the outstanding care they have provided.



From left: Chelsi Ricks, LPN; and Jessica Theadford, PCT.



From left: Hannah Khan, PCT, and Madison Godwin, RN, Charge Nurse.



From left, Saleseya Spivey RN, and Devania Mosley, PCT.



A Division of Anderson Regional Medical Center

Move and Expansion

Anderson Diabetes Center is now Anderson Endocrinology & Diabetes Center and has moved to a new larger location in Medical Tower 1, 5th floor.

Terri Patterson RN, BSN, CDCES, and Denise Roberts RD, CDCES, are seeing diabetes management and outpatient nutritional education patients, both of which require a physician referral.

Dr. David Lott, Endocrinologist, will open his clinic in the same location in August 2023.



Denise Roberts and Terri Patterson



Remember Your Oasis Room

We welcome staff to take a break in the Oasis Room. Appointments are required and are easily scheduled at the Infocenter. Take a break.

New Year's Bundle of Joy Arrives



From left, Tamela Soloman, Autum Rose, Braxton Amos, Aliyah Smith, RN, and Pamela Wilson, RN.

Courtesy WTOK TV

There was a cause of celebration at Anderson Regional Health System January 1 as we welcomed the New Year's Day 2023 baby. Parents Tamela Soloman and Braxton Amos had their baby girl, Autum Rose, the morning of January 1 at 9:46. Autum weighed 8 pounds and was 15 ounces.

The parents said they knew it was a chance she might be a New Year's Day baby.

"We knew it was a possibility. She was actually due on January 2, so it was always a possibility, but we didn't actually think it was going to happen this way. I think the excitement of New Year's Eve with my other kids, fireworks and just doing things kind of set it off so here we are," said Solomon. Autum Rose will be coming home to three other siblings. The parents say they were not expecting to have a fourth child but are thankful she is here.

Memorial Service Honors Acquandra Fox

Anderson recently held a memorial service for Acquandra Fox, who died in 2022 and served in the Laboratory at Anderson. As her co-workers said, "She was a very special person who was outgoing and loving. Her personality was bigger than life. She commanded every room she went into, and her laugh was infectious. You could not be down around Acquandra. Even when she did not feel well, she still tried to make others around her have a brighter day.

"Acquandra kept an optimistic outlook on things, and she was professional in everything she did. She treated others with dignity and respect, and



she was always willing to help anyone in need. Her daughter Braylee was her pride and joy and everyone knew it. She worked tirelessly to support Braylee in all of her endeavors.

"Acquandra was also very close to her mother and spoke of her often. As a coworker, Acquandra was one-of-a-kind. She performed her job with excellence and she was encouraging and supportive of her co-workers. She was a dependable, hardworking employee and she loved working in the chemistry and special chemistry sections of the lab. Acquandra's smiling face is dearly missed."

COMMUNITY



Community Health Fair

Anderson was represented at a recent community health fair for the Eliza Pillars Registered Nurses of Mississippi Association. From left are: Leslie Brown, RN, Tom Maynor; Sabrina Johnson, NM, Tom Maynor; Murrietta Jones, RN, 3-East; and Jameka McMillian RN.



Job Fair at MCC

Anderson was well represented at a recent job fair at Meridian Community College. Pictured from left are Billie Kidd, BSN, RN, Nurse Excellence Manager; Cassandra Gibbs, DNP, RN, OCN, Director of Education and Training; and Melissa Suttles, RN, Nurse Recruiter.



Lunch & Learn

Anderson Registered Dietitian Rhonda Carney recently spoke at a CHIN (Community Health Improvement Network) lunch and learn to highlight the importance of healthy eating during National Nutrition Month.



DAISY AWARDS



Sarah Pope, RN

Congratulations to Sarah Pope, a Registered Nurse in Same Day Surgery, who was presented with the DAISY Award for November 2022. One of Sarah's patients wrote her nomination, which read: "It's very simple. From the time Sarah walked into the room, she had a very good — or I dare say — great attitude. I believe this was something that was not forced or faked. You could tell it was genuine and a part of who she is. Sarah displayed such love and patience with my uncle. She talked to get to know him a bit, which made a big difference. Sarah explained what was going on and made this whole experience much better. I really appreciated the level of professionalism that she showed at all times. Sarah, in my opinion, is a positive role model for the nursing profession."



Kem McEntyre, RN

Congratulations to Kem McEntyre, RN and Interim Nurse Manager of ICU, who was presented with the DAISY Award for December 2022. One of Kem's co-workers wrote his nomination, which read: "There are not enough words to describe Kem McEntyre. He is a wonderful nurse and human in general. He loves the staff that he manages, and he always stands up for what is right. He treats his staff with respect and is always available to help whoever do whatever. He is the epitome of a good manager and co-worker. Kem sets the tone in the unit with his uplifting spirit and positive attitude. Whenever he's asked, 'How are you?' he responds with the same phrase every time — 'Blessed to be here.' Kem loves life and he loves the job that he was put here to do. He truly goes above and beyond for his staff and the patients in the unit. Kem deserves recognition for a job well done!"



Carmen Dotson, RN

Congratulations to Carmen Dotson, a Licensed Practical Nurse in the Swing Bed Unit, who was presented with the DAISY Award for January. One of Carmen's patients wrote her nomination, which read: "Carmen was fantastic! She was attentive, kind, caring and went above and beyond to make our grandpa feel comfortable! She was always nearby and patient to answer any of our questions or provide help. Not only was she attentive to my grandpa, she was sure to ask him what he needed. She even microwaved him some ice cream so it was the perfect temperature to eat! She has a wonderful bedside manner that was such an important part of my grandpa's recovery."

B E E A W A R D S



Charles Cunningham

Congratulations to Charles Cunningham, Billing and Collections Coordinator, who was presented with the BEE Award for December 2022. The BEE Award honors exceptional team members who go above and beyond for “Being Extraordinary Every Day.” One of Charles’ coworkers wrote his nomination, which read: “Charles goes above and beyond every day. He is an amazing teacher/mentor to new staff in his role as Billing and Collections Coordinator. Charles encompasses the core values of Anderson each and every day. Charles treats everyone with the utmost respect — employees to patients, other departments and management. Charles can be trusted to do anything you give him to do. If he doesn't know, he will research and find out. He can foresee the needs of others and will often have the information you want or need before you ever mention or ask for it. Charles treats each patient that calls in, or he calls, with the utmost dignity, as well as the staff he oversees and the management team. Charles spends a great deal of time training new staff and helping guide/mentor them to understand better, working their accounts effectively and efficiently and different ways of approaching things to sometimes yield different results. The staff love Charles and often comment on how much he does for them and how they love his leadership style. Charles is the epitome of the BEE Award — because he is extraordinary each and every single day. Charles is an absolute asset to our team and Anderson, and we know he has a bright future ahead of him.”



Iris Adams

Congratulations to Iris Adams, PCT in Same Day Surgery, who was presented with the BEE Award for January. One of Iris’s co-workers wrote her nomination, which read: “Just a note to show our appreciation to Iris Adams and everything she does to make Same Day Surgery run smoothly. If it wasn’t for Iris’s attention to detail in so many things, such as lab work, EKGs and chest X-rays, Same Day Surgery would be lost! We would like to show her our thanks with this nomination for the outstanding contributions she brings to Anderson and especially Same Day Surgery. Iris is an amazing person, and her hard work and dedication brings so much joy to all that meet her!”



Annie Townsend

Congratulations to Annie Townsend, Admission Financial Counselor at Anderson Children’s Medical Clinic, who presented with the BEE Award for February. The person who nominated Annie said, “Annie’s kindness, patience, acceptance, non-judgmental attitude and interaction helped me feel more comfortable about bringing my son to the doctor’s office and helped my son learn that the doctor’s office can be a safe place. As a preemie, COVID kid and now with his autism diagnosis, my son doesn’t have many safe places or people. We are working on expanding his world at a pace he’s comfortable with and praying for God’s breakthroughs daily. Thank you to Annie for being one of the ‘safe’ ones for us both. I can never repay her for her kindness. She has been a ray of hope when times were dark, and she is a joy to see each time we visit (which has been a lot lately!). I have no idea why we’re special to her, but I am so thankful for her extra grace to us.”



D O N A T I O N S



Lamar School Donation

It was a special day at Anderson Regional Cancer Center when a school bus full of Lamar School 8th graders arrived to present a check for \$2,800 to the Cancer Patient Benevolence Fund. The donations was made in honor of Stefanie Roman, secretary at Lamar Middle School.



Bibles Distributed

Volunteers Pete and Jean Willis (in red jackets) assisted representatives with Gideons International to distribute Bibles in our facilities.



UPCOMING BLOOD DRIVES

April 25, 2023
May 24, 2023
June 21, 2023

CELEBRATING NATIONAL EVENTS



National Nutrition Month

Anderson Registered Dietitians celebrated National Nutrition Month throughout the month of March. The team was featured in several nutrition educational videos shared on social media and provided handouts and door prizes to employees and visitors. From left: Kim Nowell, RDN - Acute Care; Barbie Rawson, RDN, CNSD - Acute Care/Nutrition Support; Rhonda Carney, RDN - Clinical Nutrition Manager; and Denise Roberts, RD, CDCES - Outpatient/Diabetes.



Nutrition Month Prize

Judy Creel, who works in PACU, won the grand prize large gift basket during a promotion for National Nutrition Month.



Certified Nurses Day

Anderson Regional Health System recently celebrated the certified nurses in our facility with a special reception. Certified Nurses Day is a worldwide day of recognition that celebrates nursing specialty, subspecialty, and advanced practice certification. Certified Nurses make a difference in the lives of their patients every day. They work to improve patient outcomes and exemplify professionalism, dedication, expertise, and service to nursing and their patients. From left, front row: Debra Nichols, Lisa Butler, Hannah Cain, Michelle Bondie, Jill Moore, Connie Lee, Krystal Palmer, Sherry Homan and Vicki Smith.

Back row, from left: Wes Garrison, Samantha Logan, Charlotte Massey, Cassandra Gibbs, Ashton Chancellor, Michelle Johnson, Jana Cook, April Floyd, Sade Rogers, Terri Patterson and Andrea Laird.

CELEBRATING NATIONAL EVENTS



GI Nurse and Associates Week

Anderson recently celebrated national GI Nurse and Associates week, highlighting the role of a GI nurse and team in ensuring that procedures such as colonoscopies, endoscopies, and conscious sedation go as smoothly as possible.

Doctor's Day 2023

