



ANDERSON

Regional Health System



2018 Community Health Needs Assessment: Implementation Strategy

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Hospital Overview

As the most comprehensive health system in East Mississippi and West Alabama, Anderson Regional Health System is the established leader in offering premier medical services. Anderson Regional Health System is a not-for-profit health system based in Meridian, Mississippi, that has nearly 100,000 patient visits each year. We offer a full range of inpatient, outpatient and community-based services. Anderson has more than 200 physicians across 35 specialties on its medical staff and employs nearly 1,600 people. Anderson Regional Health System includes Anderson Regional Medical Center, Anderson Regional Medical Center - South, Anderson Regional Cancer Center and Anderson Physician Alliance.

Mission Statement

The mission of Anderson Regional Health System is “to continue our heritage of healing and improving life for the people we serve.” This commitment reinforces our dedication to serving the community’s needs as identified by the Community Health Needs Assessment.

Health Needs of the Community

The 2018 Community Health Needs Assessment utilized the nationally recognized Healthy People 2020 framework to guide discussion and research. Of the 12 topics within the framework, Anderson Regional Health System finds the following leading health indicators inherent to its mission:

Access to Health Services
Clinical Preventive Services
Injury and Violence
Maternal, Infant, Child Health
Mental Health

Nutrition, Physical Activity and Obesity
Reproduction and Sexual Health
Substance Abuse/Tobacco
Social Determinants

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Access to Health Services

Goal: Improve access to comprehensive, quality health care services.

- Continued membership in the Community Health Improvement Network
 - A collaboration between community and provider partners to create joint programs and cooperative ventures that improve and sustain health care access and quality delivery, especially for underserved and underprivileged populations in our area
- Continue support of The Free Clinic of Meridian
 - A collaboration of strategic partners that provides free quality medical care and referral services with compassion and dignity to the uninsured adults in our community
- Physician recruiter will increase search for primary care providers
- Current providers will encourage patients to attend wellness visits
- Chronic Care Management Program
- Utilize Medical Minutes on TV, organization's website and Facebook page as educational resources about available healthcare services

Clinical Preventive Services

Goal: Increase the number of people who take advantage of and have access to clinical preventative services.

- Recruitment of more Primary Care and Specialist Physicians
- Continued membership in the Community Health Improvement Network
- Advancement of our chronic care management program
- Promote wellness visits and immunization services
- Offer various health screening opportunities
 - Heart Check and Healthy Heart Screening (Calcium score)
 - Free mammogram event for uninsured women
 - Prostate cancer screening
 - Oral cancer screening
 - Skin cancer screening

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Clinical Preventive Services (Continued)

- Educational campaigns utilizing Lunch and Learn events, Medical Minutes, billboards, Facebook messages, website, etc.
 - Stroke
 - Diabetes
 - Heart Disease
 - Cancer
 - Obesity

Injury and Violence

Goal: Reduce consequences of unintentional injuries and violence.

- Continued designation as a Level III Trauma center specializing in treating life-threatening injuries
- On-site helipad for air ambulance service
- Partner with MS Department of Health on car seat safety program
 - MS Department of Health will provide training on car seat safety to Anderson staff members
 - Anderson staff will provide car seat safety classes for the community, as well as assist with proper car seat installation
 - Anderson will offer free car seats/booster seats in conjunction with the MS Department of Health
- Utilize Medical Minutes on TV, our website and Facebook page as educational resources for accident prevention

Maternal, Infant, Child Health

Goal: Improve the health and well-being of women, infants, children and families.

- Continued partnership with local OB-GYNs who provide educational resources to women
- Baby Friendly Initiative
 - Continuing on the pathway to be designated as a center that offers an optimal level of care for infant feeding and mother infant bonding.
- Provide free breastfeeding support through joint affiliation with East MS Baby Café Meridian
- Continue serving as a Mother's Milk Bank depot

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Maternal, Infant, Child Health (Continued)

- Offer a full range of childbirth Classes including newborn care, infant CPR and breastfeeding
- Expansion of outpatient pediatric clinic to accommodate more patients and providers
- Expansion of pediatric inpatient capabilities to help families stay close to home for advanced care
- Affiliation with Batson Children's Hospital to bring pediatric specialists to Meridian
- Partner with MS Department of Health on car seat safety program
 - MS Department of Health will provide training on car seat safety to Anderson staff members
 - Anderson staff will provide car seat safety classes for the community, as well as assist with proper car seat installation
 - Anderson will offer free car seats/booster seats in conjunction with the MS Department of Health
- Partner with MS Department of Health to connect moms in need of WIC assistance with information, application, and referral guidance
- Continue offering Baby Café meetings on a biweekly basis as a breastfeeding resource for new moms and pregnant women
- Utilize Medical Minutes on TV, our website and Facebook page as educational resources

Mental Health

Goal: Improve mental health through prevention and by ensuring access to appropriate, quality mental health services.

- Continue caring for the emotional, behavioral and physical needs of older adults at Horizons Geri-Psych Center
- Utilize case management and social workers to direct patients to appropriate care setting
- Continued membership in the Community Health Improvement Network that includes mental health partners

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Nutrition, Physical Activity and Obesity

Goal: Promote health and reduce chronic disease risk through the consumption of healthful diets and achievement and maintenance of a healthy body weight.

- Utilize Anderson Health and Fitness Center's promotional efforts to reach community members in need of an exercise facility, nutritional guidance, etc.
- Host annual road race
- Enhance clinical integration program
- Participate in awareness events
- Develop pediatric wellness program with Anderson Health and Fitness Center
- Develop a partnership between Anderson Health and Fitness Center and Meridian Freedom Project
 - Implement a 6-week program for 6th-9th grade students that focuses on the health benefits of fitness and proper nutrition
 - Classes/work outs will be held at Anderson Health and Fitness Center and led by AHFC staff
 - Parents will be included in portions of the program, including a field trip to the grocery store for healthy shopping tips
- Educational campaigns utilizing Lunch and Learn events, Medical Minutes, billboards, Facebook messages, website, etc.
 - Obesity
 - Exercise

Reproduction and Sexual Health

Goals Promote healthy sexual behaviors, strengthen community capacity and increase access to quality services to prevent STDs and their complications.

- Promote educational opportunities between OB-GYN/midwife and patient at routine visits
- Provide sexual health education to teenage pediatric patients

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Substance Abuse/Tobacco

Goal: Reduce substance abuse to protect the health, safety, and quality of life for all, especially children; reduce illness, disability, and death related to tobacco use and secondhand smoke exposure.

- Offer Tobacco Cessation Classes to the public
- Promote CT Lung Screening for early lung cancer detection
- Utilize Medical Minutes on TV, Facebook posts and our website to provide education about the effects of alcohol, opioid and tobacco use

Social Determinants

Goal: Improve the health and quality of life of the people in our community.

- Partner with Mississippi Department of Health to provide educational training sessions focused on improving life for the people in our community
 - Promote topics that center around health equity, population health, quality of life
 - Target audience: Those with socioeconomic disparities