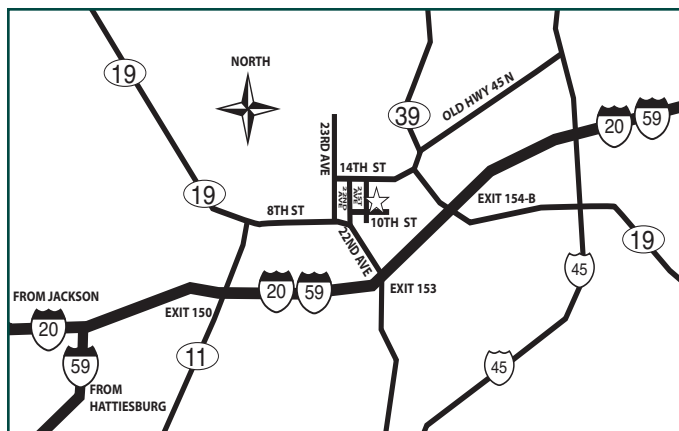


Helping people regain their lives

Individuals disabled by an illness or injury face difficult adjustments and major, lifestyle changes that often go beyond physical limitations.

By providing a supportive, caring environment and emphasizing a patient's abilities rather than disabilities, we strive to help instill in patients the confidence and skills needed to achieve their maximum level of functional independence and to regain the lives they treasure.

As an acute rehabilitation unit, we set high standards for quality healthcare services through individualized treatment and a multi-disciplinary, team approach. Our rehabilitation team has a daily commitment to our values of heritage, healing and improving life.



Directions to Tom C. Maynor Rehabilitation Center

FROM INTERSTATE 20/59: Take Exit 153 (22nd Avenue) and turn north heading toward downtown Meridian. In downtown, turn right off 22nd Avenue onto 10th Street.

FROM HIGHWAY 19 NORTH: Continue to stay on Highway 19 when it becomes 8th Street in Meridian. Turn left off 8th Street onto 22nd Avenue in downtown Meridian, then go two blocks and turn right onto 10th Street.

FROM HIGHWAY 39 NORTH AND HIGHWAY 45 NORTH: Continue to stay on Highway 39 when it merges onto Highway 45 in Meridian. Continue straight when Highway 39 merges with Front Street Extension at the traffic light. Turn right off Front Street Extension onto 14th Street. Turn left off 14th Street onto Constitution Avenue (21st Avenue).



1102 Constitution Avenue
Meridian, MS 39301

601.703.5460 • Fax: 601.703.5490

Referral lines: 601.480.9961 or 601.227.2609

AndersonRegional.org



Helping people
regain their lives

Tom C. Maynor
Rehabilitation Center

An Acute Rehabilitation Unit
Meridian, Mississippi



Referral lines: 601.480.9961 or 601.227.2609

Who we serve

Our patients are those who require early, intensive therapies for optimal recovery, and include those with impairments resulting from strokes, neurological disorders, orthopedic injuries and more. We are successful in helping people with a variety of functional disorders relearn old skills that have been hindered as well as helping them learn new, adaptive techniques.

Common conditions:

- Balance and coordination impairments.
- Weakness or limited motion in arms, legs or trunk.
- Difficulty swallowing.
- Inability to move in bed or from one place to another.
- Inability to perform activities of daily living such as eating, grooming, dressing, bathing and homemaking.
- Cognitive/perceptual deficits or speech and language problems in conjunction with a physical limitation.
- Inability to work or function in the community due to a physical impairment.



About our services

Our comprehensive program at the Tom C. Maynor Rehabilitation Center features a full complement of aggressive, in-patient rehabilitation services tailored to each patient based on his or her needs, tolerance for therapy and desired outcomes.

Services may include:

- Comprehensive evaluation to set realistic goals.
- Daily supervision by a physician specially trained in rehabilitative medicine.
- Around-the-clock rehabilitative nursing care.
- Physical therapy focused on restoring function; increasing coordination, stability, strength and endurance; and managing pain.
- Occupational therapy to help patients regain daily functional and self-care skills.
- Speech therapy for evaluation and treatment of speech/language, cognitive and swallowing disorders.
- Leisure and recreational activities to ease the return into the community.
- Patient education.
- Psychological counseling.
- Discharge planning that may include a home evaluation.



Making a referral

Patients can be admitted to the Tom C. Maynor Rehabilitation Center from home, a hospital or other type of facility, provided they meet the following criteria:

Patient must:

- Require daily access to a rehabilitation physician, who will oversee his or her medical needs and therapy treatment plan.
- Require 24-hour-a-day rehabilitative nursing.
- Require at least two forms of therapy.
- Be able to tolerate a relatively intense therapy program, consisting of at least three hours of therapy for five out of every seven days, or have the potential to build up to this level within 10 days.
- Have the ability to achieve rehabilitation goals in a reasonable period of time.

A complimentary pre-admission screening is conducted within four hours of each referral to determine if the patient's specific condition may benefit from the rehabilitation program.

The Tom C. Maynor Rehabilitation Center accepts most major insurance carriers, including Medicare. Benefits are verified prior to admission. **Call 601.480.9961 or 601.227.2609.**