

An

OASIS

from the fast-paced world
of medical care.

Anderson unveils community funded
Oasis Room for staff — see page 2.

ACHAT

2022

January

February

March



Pictured at the ribbon cutting ceremony are, from left: Casey Holladay (EMBDC); John G. Anderson (ARHS President & CEO); Bo Pittman (MUNA President & CEO); Kris Gianakos (MUNA Board member); Marsha Iverson (MUNA); John Howell (MUNA Board President); Debbie Mathis (EMBDC); David Vowell (ARHS Board Member); and Laura Carmichael (ARHS Director of Philanthropy).

Oasis Room Offers Staff Chance to Recharge

In the fast-paced world of medical care at Anderson Regional Health System, there is now an oasis — a quiet, tranquil space where staff members can take a break to refresh their day.

With full support from community partners, who completely covered the cost of the room and amenities, Anderson unveiled the “Oasis Room” for healthcare workers. The Oasis Room provides a calm, relaxing setting to help staff members refocus and recharge. It features massage chairs, aromatherapy and other amenities for a spa-like experience.

Title Oasis Room sponsor MUNA Federal Credit Union was joined by the EMBDC, Meyer & Rosenbaum and Great Southern Bank in contributing to the creation of this special space.

“It allows staff the opportunity to step away from their busy days and take a moment to relax in a comfortable, peaceful environment,” said John G. Anderson, President and CEO of Anderson Regional Health System. “Thanks to our community partners, we were able to offer this reinvigorating space for our staff. Without their funding, this would not have been possible.”

MUNA Federal Credit Union President and CEO Bo Pittman said the credit union was proud to support the creation of the Oasis Room. “We are community minded,” Pittman said, “and contributing in any way to the overall health and wellbeing of our residents was a perfect fit.”

“Our hope is that after experiencing the OASIS Room, Anderson staff members will come away with reduced stress and an increased emphasis on patient and self-care,” said Laura Carmichael, Anderson Director of Philanthropy, who coordinated the donations and brought the room to fruition.

The Oasis Room itself is a space that has been transformed to feel far-removed from the hospital. Staff members are asked to limit breaks to

Anderson Staff:

To schedule an appointment, go to the Infocenter and click on OASIS under E-Forms on the left menu bar.



The Oasis Room features massage chairs, aromatherapy and more.



John G. Anderson, President & CEO, introduces the new space.

15-20 minutes to be thoughtful of their colleagues.

Members of the Anderson team contributing to the effort to provide ways for staff to take a mental break and de-stress were Steven Brown, Denton Farr, Wanda Cooper, Betty Cryer, Dr. Wes Garrison, Heather Durham, Zelda Smith and Amanda Breazeale. The Anderson Employee Morale Committee was also a part of the effort. Committee members are John G. Anderson, Elizabeth Wiggins, Sharon Futch, Amanda Breazeale, Ann Weddington, Sheila Nettles and Laura Carmichael.

Several other departments and people were instrumental in creating the space at Anderson. They include Donald Wayne Hagwood and the Plant Operations team, Materials Management, Information Technology, Security, Environmental Services Teams and Trent Posey.

BEE Award Celebrates Extraordinary Employees

Anderson Regional Health System has implemented a new employee recognition program — The BEE Award. This award honors exceptional staff members for “Being Extraordinary Everyday.”

The BEE Award was created to recognize exceptional people throughout the hospital. Based on the success of the DAISY Award program at Anderson and its positive impact on the nursing profession, we have implemented this monthly recognition program for all non-nursing staff members — across the health system.

Nominations can come from staff or the public. Email beeaward@andersonregional.org to submit a nomination... be sure to include specific events that describe how the employee went above and beyond his or her typical job responsibilities.



At the introduction of the new BEE Award program, staff were treated to bee-shaped cookies.

A Note of Support Says “You Rock”

Anderson employees were given heartfelt gifts on Valentine’s Day by students from hundreds of miles away. Students at George Washington Middle School in Jamestown, NY, wanted to reach out and spread love during a time when COVID-19 has taken a toll on medical professionals — and they picked Meridian for their project. The students painted hearts on rocks and attached a note of encouragement for each staff person who received a rock. Anderson volunteers helped deliver the special “you rock” stones to the staff.



Volunteers helped deliver the special “you rock” stones to the staff — in photo above, from left: Laura Jordan, Judy Deweese and Sarah Crenshaw



Dulaney Named Executive Editor

Congratulations to Dr. Caleb Dulaney, Radiation Oncologist and Medical Director of Anderson Regional Cancer Center, for being named an Executive Editor of Practical Radiation Oncology, the clinical practice journal of the American Society for Radiation Oncology. While practicing locally in Meridian, Dr. Dulaney remains engaged at a national level in radiation oncology, which helps bring the latest cancer care to our local community.



Everett Speaks at Rotary Club

Dr. Keith Everett, Chief Medical Officer, was a recent speaker at Meridian Rotary Club, giving an update on COVID-19 and other health issues in our community.



Outpatient Infusion Center

Moves to New Location

Anderson Outpatient Infusion Center held a ribbon cutting in March to mark the opening of its the new location. The Infusion Center is now located on the third floor of Medical Towers 1, with convenient parking for patients, a spacious clinic area and private clinic rooms for infusion services.



Gift From Lamar School

Loralai Dulaney, representing Mrs. Castle's 3rd graders at Lamar School, presented gift bags the students made for the patients of Anderson Regional Cancer Center.



HOSA Visit

Anderson enjoyed hosting the Ross Collins Technical Center's Health Organization Students Association (HOSA) recently. The students learned about health care job opportunities and toured Radiology, Laboratory, Rehabilitation and Anderson Regional Cancer Center.

DOCTORS' DAY 2022



Anderson celebrated 2022 Doctors' Day with a special luncheon for our Medical Staff.



Martha Shaulis Retires

Congratulations to Martha Shaulis on her retirement from Anderson Regional Health System. Martha's career at Anderson spanned 47 years, beginning as a float nurse and rising to leadership roles as a Nurse Manager, House Supervisor and Clinical Director. In 2008, Martha transferred to the Information Technology department where she served as a Clinical Analyst. Martha was the first Registered Nurse to work in the IT department. As an informatics nurse, she was a leader in helping with Anderson's conversion to electronic medical records. Pictured with Martha is John G. Anderson, President and CEO.



Patient Choice Awards

Swing Bed Unit Patient Choice Awards for outstanding patient care were presented in February to (from left): Tamara Glaspie, RN; Camryn Parten, SN; and Myneshia Scott, PCT.

SERVICE EXCELLENCE AWARDS

The following departments/clinics had the highest year to date overall score in 2021 (January – December):
Anderson Regional Breast Center • Obstetrics (Postpartum) • Swing Bed Unit • Anderson Children's Clinic

DAISY AWARDS



McKenzie Crosby, RN

Congratulations to McKenzie Crosby, Registered Nurse on the Telemetry unit who was recently presented with the December DAISY Award. The wife of one of McKenzie's patients wrote her nomination which read:

"My husband was admitted to the hospital and from the time of his admission, McKenzie was so kind, caring and responsive to all of his needs. Her hands-on patient care was exemplary. Not only was she kind to my husband, but she also cared for me and made sure I was always comfortable.

"When my husband coded, she immediately began CPR and was very professional. She knew exactly what she needed to do. My husband was revived for a short time and taken to CCU where he unfortunately passed away. McKenzie was very kind and compassionate about my husband's passing and was visibly upset as well.

"After my husband's funeral, I was so touched to see she had sent an arrangement of flowers with a very kind note. In all of my years of using Anderson hospital, I have never encountered a nurse with such compassion and professionalism. I highly commend McKenzie and hope that her superiors will recognize her achievements as well."



Ben Leake, RN

Congratulations to Ben Leake, Registered Nurse, Emergency Department, who was recently presented with the January DAISY Award. One of Ben's patients wrote his nomination which read: "I went to the Emergency Room with extreme stomach pain and bleeding. Ben was my ER nurse and right from the start he took control of the situation and let me know I was going to be okay. After having a CT scan, X-rays and an ultrasound, I was told I had a large mass on my ovary.

"This was not something I expected as a diagnosis and was completely shocked. Ben came into my room after the diagnosis and had so much compassion in his voice and mannerisms. As he took more blood, he made a point to talk to me and try to take my mind off the situation. Ben stayed by my side throughout my time in the ER until I was moved to a room. Every time we had a conversation, he made sure it was a positive.

"I know nurses can get stressed at times, but you would never have known it with the care and compassion Ben exhibited the day I was in the ER."



Social Workers Recognized

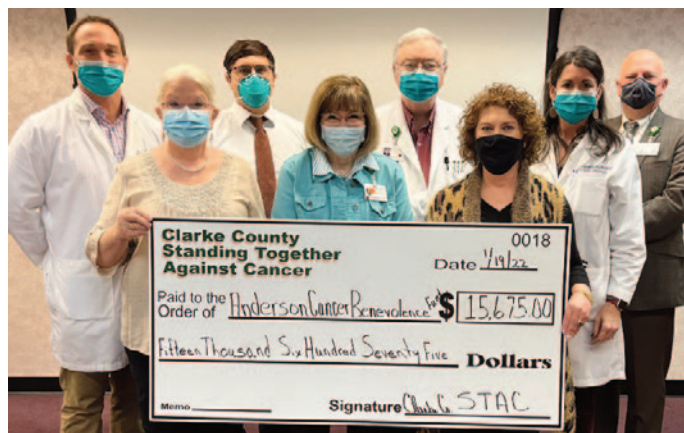
The month of March marks the dedicated work of social workers across the United States. Social workers play a vital role in improving the well-being and overall health of patients. Anderson's amazing team provides compassionate care and resources for our patients. Back row (from left): Carolyn Russell, Terry Roberts, T'Nazhia Brown, LaMonica Little, Erin Barnes, Brenda Viverette and Cassie Thomas. Front row (from left): Pam Parker, Debbie Williamson and Marlee Rhodes. (Not pictured: Helen Rau, Kim Bihn, Tabitha Hampton, Marcie Russell, Rupunza Minor, LaShonda Boddie, Andy Thomas, Carol White, Ginny Ruffin and Robert Guasko.)



Recognizing Dietitians

Anderson celebrated Registered Dietitian and Registered Dietitian Nutritionist Day March 9 and recognized our team who provide excellent care for our patients. As the nation's food and nutrition experts, registered dietitian nutritionists are committed to improving the health of their patients, clients and communities. From left, front row: Rhonda Carney, Sky Joiner and Molly McIntyre. Back row, from left: Corinna Dorais, Barbie Rawson and Denise Roberts. (Not pictured: Laura Hodges and Haley Gipson)

GENEROUS DONATIONS



Clarke County Standing Against Cancer Donation

The Clarke County Standing Together Against Cancer Committee recently donated \$15,675 for the Cancer Patient Benevolence Fund. This fund, which helps local cancer patients with transportation, medication and special needs not covered by insurance, provides support to many patients. From left (front row, holding check):

Verlin Robinson, Ginny Ruffin and Regina Davis. Back row (from left): Dr. Matt Cassell, Dr. Caleb Dulaney, Dr. John Halbrook, Dr. Jennifer Eubanks and Robert Guasco.



EMEPA Donates to CPBF

East Mississippi Electric Power Association donated \$13,000 to the Cancer Patient Benevolence Fund from their Shoot for A Cure event last week. Presenting the check to Ginny Ruffin is Randy Carroll from EMEPA.

I N M E M O R I A M

Anderson held a virtual Memorial Service in February to honor those we lost in 2021.



Gwan Delaney-Goodwin served as the head scribe in the Emergency Department. Her coworkers remember her as an incredible leader who made sure that everyone did their job correctly. She always had a smile on her face no matter how she felt. She loved her job and it showed. Gwan was the joy of the Emergency Department and her colleagues loved getting daily hugs from her. She had a special way of brightening up the room just by walking in. In addition to being an Anderson employee, Gwan was a veteran and a loving mother of three beautiful children.



Dr. Dave Russell was a graduate of University Medical Center and served as a Captain in the U.S. Army, 24th Infantry, as a Brigade Surgeon. He joined the staff at Anderson Regional Medical Center in 1984 and worked in private practice at Meridian Medical Associates for 37 years. Dr. Russell was a respected cardiologist who pioneered the establishment of the Cardiac Catheterization Lab and the formation of the Cardiac Surgery Center in the 1980s. He served as Chief of Staff, chaired the Medical Executive Committee and was Medical Director of the Cardiac Rehabilitation Program. Dr. Russell was a revered colleague to many and his contributions to Anderson are immutable and esteemed.



Dr. Pat Sprabery was a 1967 graduate of University of Mississippi Medical Center. He served Anderson Regional Health System as a pathologist for 44 years and provided well over 250,000 patient diagnoses during his career. Dr. Sprabery was our Laboratory Director for 24 years. He consistently mentored staff, worked with fellow physicians and supported the acquisition of the most advanced diagnostic equipment. Dr. Sprabery held a broad range of leadership roles, chairing and participating in more than 10 committees at Anderson. He was a consummate gentleman and professional.