Welcome
Your family member has been admitted to the Intensive Care Unit (ICU)/Cardiovascular Recovery Unit (CVR)/Cardiac Care Unit (CCU) for a condition requiring close observation, cardiac monitoring and skilled nursing care. We welcome the opportunity to care for your loved one and want to give you some information to assist you during this time.

Patient Representative/Volunteers
A patient representative/volunteer is stationed at the ICU/CVR/CCU Waiting Area from 8:00 a.m. to 4:30 p.m. Patient representatives/volunteers assist family members in communicating with members of the health care team and addressing the needs of families and visitors. Please contact the patient representative/volunteer if you have any problems or questions. We are here to serve you and to make your stay as comfortable as possible.

Nursing Staff
The nursing staff works with the doctors and other health care team members to provide care for your loved one. At the time of admission into the ICU/CVR/CCU units, your nurse will help explain the necessary treatment. Members of the nursing staff are on duty 24 hours a day. Below are spaces for you to write the names of those nurses taking care of your loved one:

Admitting nurse: ____________________________
Other nurses: ______________________________

Hand Washing
To eliminate germs entering the ICU/CVR/CCU units from the outside environment, all visitors must wash their hands prior to and after visiting their loved ones. Sinks are located directly outside each patient's room.

Visiting Times
Patients can benefit from a familiar face, voice or touch, so we encourage visits from family, significant others and clergy. It is our goal to provide quality care to your loved one, so we have scheduled visiting times that allow the ICU/CVR/CCU staff to perform their duties. The following visiting times may be adjusted depending on the acuity level of the patient.

<table>
<thead>
<tr>
<th>Time</th>
<th>Days</th>
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<tbody>
<tr>
<td>10:00 a.m. to 10:30 a.m.</td>
<td>Monday</td>
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<tr>
<td>10:30 a.m. to 11:00 a.m.</td>
<td>Tuesday</td>
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<tr>
<td>11:00 a.m. to 12:00 p.m.</td>
<td>Wednesday</td>
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<tr>
<td>12:00 p.m. to 1:00 p.m.</td>
<td>Thursday</td>
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<td>1:00 p.m. to 2:00 p.m.</td>
<td>Friday</td>
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<td>2:00 p.m. to 3:00 p.m.</td>
<td>Monday</td>
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<td>3:00 p.m. to 4:00 p.m.</td>
<td>Tuesday</td>
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<td>4:00 p.m. to 5:00 p.m.</td>
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<td>5:00 p.m. to 6:00 p.m.</td>
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<td>6:00 p.m. to 7:00 p.m.</td>
<td>Friday</td>
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<td>7:00 p.m. to 8:00 p.m.</td>
<td>Monday</td>
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<td>8:00 p.m. to 9:00 p.m.</td>
<td>Tuesday</td>
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<td>9:00 p.m. to 10:00 p.m.</td>
<td>Wednesday</td>
</tr>
<tr>
<td>10:00 p.m. to 11:00 p.m.</td>
<td>Thursday</td>
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Two people may visit at a time. No children under 12 years of age are allowed in the ICU/CVR/CCU units.

Please do not enter the ICU/CVR/CCU units until you are called by the patient representative/volunteer. On occasion, visiting times may be delayed. Do not be alarmed. This could happen for a number of reasons. The patient representative/volunteer will keep you informed concerning the situation and will call you when the visiting period begins.

You will enter the ICU/CVR/CCU units through their respective sub-waiting areas. Please lift the wall phone receiver to let staff know you are present and waiting to come in. If no one responds to your call, please push the receiver button again. When visiting, please do not empty bedpans or urinals in the patient's room. Nursing staff will do this, as they have to measure the patient's output of fluid.

The ICU/CVR/CCU team works best when patients and loved ones get to know the staff, establish communication channels and share their questions and concerns. Write your questions down so they can be addressed when you visit.

It is helpful to have a spokesperson for the family that the staff can communicate with regularly. It is of the utmost importance that staff members have a way to contact the spokesperson at all times. This individual can then pass on vital information to update others. Please leave the necessary information with the nurse on your first visit. A password must be established so that family and friends out of town or those who cannot visit will be allowed to check on the patient by phone.

Communication with Doctors
The doctors will be in touch with you about your loved one. They may contact you in the waiting area, in the ICU/CVR/CCU units or by telephone. Because of emergencies, surgeries and other delays, your doctors may not be able to make rounds at the same time each day.

Consulting Physicians
The doctor may require assistance from other physicians specializing in various areas of expertise, such as lungs, heart, etc. Below is a space for you to write the names of doctors consulted to provide care for your loved one:

______________________________
______________________________
______________________________

Chapel and Chaplains
The Prayer Room is located on the first floor in the ICU/CVR/CCU Waiting Area and is available for your use from 8:00 a.m. until 4:30 p.m. If you would like to speak with a clergy member, contact the patient representative/volunteer. If you would like to access the Prayer Room, see the patient representative/volunteer or security.

Other Questions
Social workers and other hospital staff are available to help with other concerns about hospitalization, further treatment, financial issues, care of patient after discharge, etc. Your loved one's nurse, patient representative or volunteer will help you contact the right source for assistance.

Contact Information

Intensive Care Unit
601.553.6161
Cardiovascular Recovery Unit
601.553.6161
Cardiac Care Unit
601.553.6151

Visiting times:
• 10:00 a.m. to 10:30 a.m.
• 2:00 p.m. to 2:30 p.m.
• 5:30 p.m. to 6:00 p.m.
• 8:30 p.m. to 9:00 p.m.

Anderson Regional.org
Gifts and ICU/CVR/CCU Patients
Due to limited space, flowers, balloons, novelties and food are not allowed in the ICU/CVR/CCU units. A bulletin board is in each room for displaying cards, pictures, etc.

Mail
The patient representative or a volunteer will distribute mail to family members Monday - Friday. Mail should be addressed to patients at the hospital address, with their room number included, to:
Anderson Regional Medical Center
2124 14th Street • Meridian, MS 39301

Tissue and Organ Donation
Mississippi law requires hospitals to inform family members of a deceased patient (who has been determined medically suitable for tissue/organ donation) about the opportunity to consent to the donation. Representatives from the Mississippi Organ Recovery Agency or the tissue bank will be available to assist family members with this important decision.

Terms You May Hear
Suan-Ganz Catheter (PA Line)
This is a small tube placed into the neck or upper chest by the doctor. The tube is used to measure the level of fluid in the right and left side of the heart, as well as the lungs. Fluids and/or medications may also be administered through this tube.

Arterial Line
This is a small tube placed in an artery of the wrist or the groin to measure blood pressure. It is connected to an IV bag under pressure and to the heart monitor. The reading may change as the patient moves. The alarms are set to check for changes in blood pressure.

Heart (Cardiac) Monitoring
The person you are visiting will be placed on a heart monitor by means of adhesive electrodes. This machine allows the staff to observe the activity of the patient’s heart. A picture of the heart’s activity is shown on a screen above the patient’s bed and at the nurses’ station, where trained personnel are monitoring the heart pattern. In addition to recording the heart’s activity, the monitor also detects muscle activity as the patient moves about in the bed. Such activity may produce a very irregular pattern on the screen, along with an alarm.

Intravenous (IV) Therapy
Intravenous (IV) therapy is a way of providing necessary fluids, medicine and nutrition (food). Intravenous therapy may be given through the veins in the arms, neck, upper chest or groin. In the ICU/CVR/CCU, a machine is used to control the amount of fluids given.

• Overnight Accommodations
We strive to keep the waiting room as quiet and comfortable as possible for family members and visitors. We ask that only two persons per patient stay between 10:30 p.m. and 6:30 a.m. and that you limit your personal belongings. Please do not bring pillows, blankets or air mattresses from home. After the last visitation of the evening, linens will be provided for family members staying overnight.

Please note: We have a limited number of rental rooms for overnight guests who prefer a more private setting. Please go to the Information Desk window and ask the operator about availability.

• Belongings
Anderson Regional Medical Center is not responsible for items left in the waiting area; therefore, family members are encouraged to limit items left there. The patient’s money and valuables should be taken home or otherwise secured upon admission to the hospital. Please see the admissions clerk if you need assistance.

• Telephones
The number for incoming calls to the waiting area is 601.553.2071. If family members are not available, the patient representative/volunteer will take a message. Please check with the patient representative/volunteer for messages.

• Tobacco Use
The use of tobacco in any form is not permitted in Anderson Regional Medical Center.

• Food and Drinks
Food and drinks are permitted only in the snack area of the waiting room. Churches and individuals donating food have been asked to donate pre-packaged food only. Coffee is available in the snack area. You are encouraged to eat your meals in our cafeteria. Cafeteria hours are:
Breakfast..........................6:30 a.m. to 10:00 a.m.
Lunch .............................10:45 a.m. to 1:30 p.m.
Dinner.............................4:30 p.m. to 7:00 p.m.

Our coffee shop in the north lobby is open seven days a week from 6:00 a.m. to 7:00 p.m. The cafeteria is located on the ground floor of the hospital.

• Gifts and ICU/CVR/CCU Patients
Due to limited space, flowers, balloons, novelties and food are not allowed in the ICU/CVR/CCU units. A bulletin board is in each room for displaying cards, pictures, etc.

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